

CATHERINE D. NUGENT COUNSELING & PSYCHOTHERAPY, LLC
Catherine D. Nugent, M.S., M.S., LPCP, TEP, RYT200
6636 Park Hall Drive
Laurel, MD 20707
410-746-7251
cathynugent@verizon.net

Authorization for Release of Confidential Information

Name:

Date of Birth:

Address:

Release of Information:

I hereby authorize Catherine D. Nugent, LCPC, TEP, to release confidential health information, including the following information related to my psychotherapy sessions:

- Diagnosis
- Prognosis
- Treatment plan
- Progress to date
- Other confidential information I have disclosed during my psychotherapy sessions with Catherine D. Nugent

I authorize the release of this information to the provider whose name, address and phone number is provided in the space below:

Provider's Name:

Phone:

Email:

This authorization will expire one year from the date signed below unless another expiration date or condition is named below:

I understand that I have the right to refuse to sign this authorization for Release of Confidential Information and authorizing the disclosure is voluntary.

I, the undersigned, have read the above and authorize Catherine D. Nugent to disclose such information as herein described to the practitioner indicated above.

Date: _____ Signature: _____