

LPTI Zoom Weekend Workshop:

Finding Meaning: Narratives of Transformation in Action

Dates: Friday-Monday, 11/13 through 11/16



Viktor Frankl, creator of Logotherapy, is noted for saying,
“Everything can be taken from a [hu]man but one thing: the last of the human freedoms—to choose one’s attitude in any given set of circumstances, to choose one’s own way.”

Overview: This **new** LPTI workshop, featured at the First International Teledrama Conference, integrates ideas from *logotherapy*, *existential psychotherapy*, *Jungian* and *Morenoan concepts*. Using the powerful method of psychodrama—along with related experiential methods, we construct embodied stories of transformation.

Our world needs these narratives more than ever.

Workshop Schedule:

Friday, 11/13 – Workshop Day 1

Saturday, 11/14 – Retreat Day:

On Your Own Day of Rest & Self-Care

Sunday, 11/15 – Workshop Day 1

Monday, 11/16 – Workshop Day 3

To Register:

Email: cathynugent@verizon.net

Call: 410-746-7251

Investment: \$400 for 3 training days = 18 Continuing Education and Psychodrama Training Hours (NBCC, MD Bd SW, ABE).

Discounts and a limited number of partial scholarships are available; please inquire.

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Training Objectives: *At the end of this workshop, participants should be able to:*

- ❖ Explain the significance of life narratives and narrative identity as a way of making meaning of our experience.
- ❖ Differentiate between a contamination/victimization narrative versus a narrative of redemption/transformation.
- ❖ Identify four archetypal narratives that may underlie our personal myth.
- ❖ Identify at least 2 holistic, integrative and experiential techniques for constructing and exploring a meaningful life narrative.

Workshop Team:



Catherine D. Nugent
Workshop Leader/Director



Laura Greer
Assistant Director



N'Kosi Ayize
Trained Auxiliary Ego



Thomas Northrup
Trained Auxiliary Ego